



# The 1863 Club: Code of Conduct

## Code of Conduct for RowersP

This Code of Conduct is based on the British Rowing Code of Conduct Welfare Guidance (version 1.4, approved 2010).

Participants should be aware that The London Oratory School rules, the School Code of Conduct and School Policies apply when participating in the 1863 Club's rowing programme.

Our rowers are ambassadors of the 1863 Club (the 'Club') both on the River Thames, at The London Oratory School premises, at rowing, fundraising or social events and when travelling to and from venues for training and competitions ;the same standards of courtesy and behaviour will apply.

We expect our rowers to behave responsibly and appropriately at any training session or rowing, fundraising or social event where they are representing the Club or which is organised by the club.

At all times, when practising, training, competing or socialising with the Club ), competitions and events, rowers must:

- Follow the rules and procedures of the Club and adhere to the British Rowing rules and guidelines. Where there are specific rules and guidelines that pupils need to be aware of, these will be highlighted
- Understand and act in accordance with the rules, regulations and guidelines of the competition or event that is being attended and follow the directions of marshals, umpires and officials and accept the decisions of officials of the event
- Not take sports supplements or banned substances
- Act in a professional way
- At all times (including on social media) treat club members, other rowers, club officials, coaches, other water users and event organisers with respect:
  - Avoid swearing or shouting at others
  - Not threaten others nor engage in acts of verbal or physical abuse or other types of abuse
  - Respect the rights, dignity and worth of other participants, and not discriminate on the grounds of gender, race, colour, disability, sexuality, age, marital status, occupation or political opinion
  - Avoid inappropriate relationships with their coaches.
  - No social media post should be seen to adversely affect the reputation of the Club, the sport or the London Oratory School.



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- Keep to agreed timings and scheduled outings, or inform the relevant person if they are going to be late or are not able to participate in training
- Keep up-to-date with race and membership fees as well as paying for any social event attended
- Train at a level appropriate to your crew, as prescribed by the coach and captains
- Ensure that you are focused, alert and ready for every outing
- Contribute to the maintenance, cleaning, logistics, coaching and running events of all sizes
- Report broken equipment to your coach and, where possible, make the repair
- Report as soon as practicably possible any accidents, damage to property or other incidents that occur before, during or after a session, a competition or an event, to your coach and Club Safety Advisor.
- Report any safeguarding, welfare or child protection concerns to either the coach or the 1863 Club Welfare Officers.

I agree and consent to the 1863 Club Code of Conduct for Rowers.

Name of Rower: \_\_\_\_\_

Signature of Rower: \_\_\_\_\_

Dated: \_\_\_\_\_